

CHILE Plus Spring 2023 Newsletter

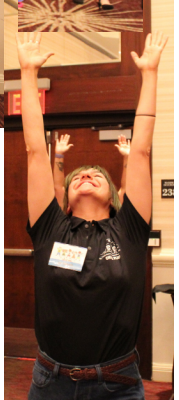


The CHILE Plus Program held their annual Spring Summit for the first time since 2018 on Friday April 28th, 2023, at the Sheraton Uptown Albuquerque Hotel. With 47 participants and 14 head starts participating, the summit's theme was "Connection." The goal was to connect with new potential head start locations and reconnect with head start locations that were already implementing CHILE Plus programming.

The summit had multiple breakout sessions including CHILE Plus Physical Activity and Teacher Wellness led by Victoria Culkin of the CHILE Plus team. The other morning session was Healthy Food Access for New Mexico, led by Kirsten Hansen, Fresh RX Program Manager and Sonora Rodriguez, Double Up Food Bucks Outreach Coordinator for Bernalillo County. They focused on Nutrition Access programs, Double up Food Bucks, Fresh RX and New Mexico Grown.

Lunch included an award ceremony in which multiple teachers and head start centers were honored for their CHILE Plus program implementation efforts and successes including San Ildenfonso, Kirtland, Severo Padilla, Kara Rael, Bernadette Martinez and Holly Avitia.

The afternoon sessions included Nutrition-CHILE Plus Fresh Content led by Mike Doran, Dietetic Intern and Luc Alvarado of the CHILE Plus team, and Focus Groups-Ask the Experts, led by Dr. Nan Zeng of the CHILE Plus team. The day ended with a celebratory Smoothie Bike Mixer event.



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