

# PARENT HOME TRAINING

MISSION: ADVANCE EXEMPLARY SERVICES, RESEARCH, EDUCATION, POLICIES, TO SUPPORT THE WELL BEING OF NEW MEXICANS

## Services provided

**Cost:** Free services for ALL new Mexican families of children under 6 with a medical diagnosis or school eligibility of ASD

**How:** Services can be provided via telehealth or in person  
Consultants are paired with families (psychology, SLP, PT, OT)

**What:** 2-3 individual family goals over 6 sessions. Accessing NM resources addressing problems/behaviors, improving transitions, toilet training, understanding ASD

**FUNDing:** NMDPT of health

## More on the what

**Services:** provided in **any language** with Spanish-speaking consultants or through translation services

**Parent training:** psychoeducation to teach families skills, strategies, and information, that align with the family's individualized goals  
Provide information about the diagnosis, resources,

## Apply

90% referred through CDD, the other 10% are self referrals

Fill out online application and receive supplemental paperwork

Approximate wait time is currently 4 months



For more information:

<https://unmhealth.org/services/development-disabilities/programs/autism-programs/autism-parent-home-training.html>

Or call

505-272-4725