

Center for Self-Advocacy

The New Mexico Center for Self Advocacy (CSA) is a place where people with intellectual and developmental disabilities go to meet, organize, work and train others on how to improve their quality of life. Our goal is to help and support people with developmental disabilities in **becoming empowered, making their own decisions, speaking up for themselves and others, taking control of their own lives, creating awareness about disability issues and achieving maximum independence and quality of life.**

What do we offer?

- ◆ **Advocate Leadership Academy**
 - ◆ Build your leadership abilities through learning and hands-on experiences
- ◆ **Trainings/presentations to community**
 - ◆ Topics such as: social skills, self-advocacy, disability awareness, and employment
- ◆ **Statewide Summit on Advocacy**
 - ◆ Learn from self-advocates and professionals about empowerment, independence, waivers, and more!

How can I learn more?

- ◆ Contact Daniel Ekman, CSA Program Manager
 - ◆ 505-670-5698 or daniel.ekman@state.nm.us
- ◆ Contact Lindsay Sloan, CSA Outreach Coordinator
 - ◆ 505-259-4013 or lindsay.sloan@state.nm.us
- ◆ Visit our website:
 - ◆ <https://www.nmddpc.com/csa>

